

Meeting Minutes

Member Advisory Council (MAC)

Gulf Region



Tuesday, December 10, 2019, 11:30 a.m. – 1:00 p.m.
AmeriHealth Caritas Louisiana Community Wellness Center
3155 Gentilly Boulevard, New Orleans, LA

1. Welcome and introductions

- Pierre Washington and Lori Payne began the meeting by having all members and community partners in attendance introduce themselves.
- The meeting was then turned over to Keelea LeJeune, New Orleans Wellness Center Coordinator, to talk about the latest updates to programs at the Wellness Center.

2. Prior meeting minutes distribution and overview

- The prior meeting minutes were reviewed and approved by the MAC without objection.

3. Healthy eating and dieting tips

- Pierre then introduced Yvette Quantz, Dietician for the AmeriHealth Caritas Louisiana Make Every Calorie Count program. Yvette spoke about the program and gave healthy eating tips. Keelea LeJeune then spoke about the "Choose to Lose" weight loss support group that she leads at the Wellness Center. Keelea introduced members who are participants in the support group.

4. AmeriHealth Caritas Louisiana diabetes intervention program, "Control Your Diabetes. Control Your Destiny."

- Lori Payne gave an overview of the diabetes intervention programs for 2019. Members remarked that they enjoyed the Diabetes Dance-off and the cooking contest and hoped that AmeriHealth Caritas Louisiana would do more of these types of events at the Wellness Center in 2020.
- The MAC further discussed diabetes and healthy eating habits, with Lori and Yvette leading the conversation.

5. Evaluation of the CLAS program and outlook for 2020

Lori spoke to the group about the Culturally and Linguistically Appropriate Services (CLAS) program and the successes from 2019. Of particular note were the diabetes programs and initiatives by AmeriHealth Caritas Louisiana to engage more with the Spanish-speaking member population. Lori explained that in 2020 the CLAS program plans to do even more to engage the Spanish-speaking population, engage other communities including the LGBTQ community, improve tobacco cessation efforts, and continue AmeriHealth Caritas Louisiana's work on the Taking Aim at Cancer in Louisiana (TACL) program operated through the Louisiana Department of Health.



6. Upcoming events at the Community Wellness Center

Keelea ended the meeting by handing out the December Wellness Center calendar, and reminding the group of upcoming events and closures during the holiday season.

7. Adjourn