

Meeting Minutes

Member Advisory Council (MAC)

Shreveport



Tuesday, October 15, 2019 • 11:30 a.m. – 1:00 p.m.
AmeriHealth Caritas Louisiana Community Wellness Center
3709 Jewella Avenue, Shreveport, LA

Attendees:

Lori Payne — AmeriHealth Caritas Louisiana Culturally and Linguistically Appropriate Services (CLAS) Coordinator

Charlotte Ware — AmeriHealth Caritas Louisiana, Provider Network Account Executive

Iberia Watley — Louisiana Department of Health (LDH) Office of Public Health

Renae Taylor — Region 7, Nurse-Family Partnership and Parents as Teachers, Louisiana Public Health Institute (LPHI) Tobacco-Free Living

Shauna Morris — Ayers Career College

1. Welcome and Introductions

Lori Payne, AmeriHealth Caritas Louisiana CLAS Coordinator, called the meeting to order and introduced everyone in attendance.

2. Prior Meeting Minutes Distribution and Overview

Lori Payne instructed the attendees to review the minutes from the previous meeting and give feedback or approve. The council approved the minutes with no objections.

3. CLAS Program Evaluation, Disparity Interventions

Lori Payne talked about the upcoming "A Touch of Sugar" event at the Wellness Center. Within the meeting materials was the postcard for the event. Invitees for the event included members with diabetes and community partners that deal with members and non-members with diabetes. A discussion about diabetes will be held after the viewing. Also, HbA1c screening, nephropathy testing, and retinal eye exams will be offered for AmeriHealth Caritas Louisiana members; non-members can get blood pressure checks and BMI testing.

Payne also talked about the diabetes intervention programs, as the "A Touch of Sugar" event is the final event of the year for the intervention program. Payne also discussed with the MAC members that CLAS has been successful in helping to close care gaps since the diabetes intervention program has started. A MAC member asked if we could show the "A Touch of Sugar" movie more than once, including a potential "Movie Night with Popcorn" event. MAC members said doing this kind of event at the wellness center would be a really good idea for other events.

Payne got the group to provide suggestions for starting a dialogue about diabetes within the community. Suggestions included:

- Meet people where they are, especially people in lower income communities, and work with faith-based organizations.
- Do more cooking demonstrations at the Wellness Center. Payne informed the group of the demonstrations that AmeriHealth Caritas Louisiana conducted in 2018, and agreed that we could bring those events back in 2020.



- Provide more indoor exercise activities, including line dancing.
- Sponsor a mobile unit or a pop-up event within the community, and not just at the Wellness Center.
- Partner with a healthy eating food truck at events such as the State Fair of Louisiana.
- Work more with the local colleges to get students involved. AmeriHealth Caritas Louisiana should be a part of the events such as spring and fall festivals.
- More events with David Raines.
- Red River Radio and senior citizen day at the state fair.
- Southern Hills Healthcare & Rehabilitation Men's Health event; other Southern Hills events.
- Have nutritionists and dietitians come to the Wellness Center once a month to host seminars.

Payne asked for people and groups we should reach out to. Suggestions included:

- Dr. Gibson with the Diabetes Assessment & Management Centers (DiamC).
- Reach out to local pastors and churches because they do a lot of community work and health ministries.
- Bossier Parish Community College, Louisiana State University Shreveport (LSUS), Southern University Shreveport Louisiana (SUSLA)
- Shreveport Parks and Recreation.
- Local sororities and fraternities.
- Susan G. Komen organization.
- St. Luke's Episcopal Medical Ministry mobile medical outreach (AmeriHealth Caritas Louisiana partnered with them for the back-to-school event).

The group also discussed healthy eating initiatives and ways to encourage others to eat healthy.

4. AmeriHealth Caritas Louisiana Website Usability Testing

Payne was able to secure community partners to take the AmeriHealth Caritas Louisiana website usability testing survey.

5. Upcoming Events

Payne reviewed the October calendar for the Community Wellness Center with the group. The group suggested that we send the calendar to the Goodwill organization, and that we email the calendar to other community organizations and the school district.

6. Adjournment

Lori Payne thanked the group for attending and adjourned the meeting.