



# AmeriHealth Caritas Louisiana **Member Benefits**

[www.amerihealthcaritasla.com](http://www.amerihealthcaritasla.com)

  
**AmeriHealth Caritas**<sup>™</sup>  
Louisiana

## AmeriHealth Caritas Louisiana Member Benefits

Services	Benefits				
Member Services	1-888-756-0004 (TTY 1-866-428-7588); available 24 hours a day, seven days a week				
Access to health information online, mobile apps, texting, and social media programs	<p><a href="http://www.amerihealthcaritasla.com/memberportal">www.amerihealthcaritasla.com/memberportal</a></p> <p>AmeriHealth Caritas Louisiana’s member portal is a secure website where you can see your recent health history. Using any computer or mobile phone, you can track claims, learn about your health risks, and more. Using the member portal is fast, easy, and available at no cost to you.</p> <table border="0"> <tr> <td data-bbox="412 506 829 682"> <p><b>Texting and social media programs</b></p> <ul style="list-style-type: none"> <li>• Text4baby</li> <li>• Text4kids</li> <li>• Text4health</li> </ul> </td> <td data-bbox="873 506 1502 682"> <p><b>Mobile apps</b></p> <ul style="list-style-type: none"> <li>• AmeriHealth Caritas Louisiana mobile app</li> <li>• AmeriHealth Caritas Louisiana Bright Start Plus<sup>SM</sup> mobile app</li> </ul> </td> </tr> </table>	<p><b>Texting and social media programs</b></p> <ul style="list-style-type: none"> <li>• Text4baby</li> <li>• Text4kids</li> <li>• Text4health</li> </ul>	<p><b>Mobile apps</b></p> <ul style="list-style-type: none"> <li>• AmeriHealth Caritas Louisiana mobile app</li> <li>• AmeriHealth Caritas Louisiana Bright Start Plus<sup>SM</sup> mobile app</li> </ul>		
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Applied behavioral analysis (ABA)	Members under the age of 21 are eligible for ABA services. Please call your Care Manager at <b>1-888-643-0005</b> . A Care Manager can submit a request for prior authorization, which will then be reviewed by AmeriHealth Caritas Louisiana.				
Community programs	<p><b>On the Move:</b> A series of signature events that teach adults and children how healthy activities can be fun.</p> <p><b>Healthy Hoops®:</b> A hands-on basketball event for children ages 3 – 18, which teaches children and families how to manage their asthma and weight through appropriate use of medicine, proper nutrition, monitored exercise, and recreational activities.</p> <p>Community Support Group meetings at Community Wellness Centers.</p>				
Care management programs	<p>Chronic illness such as asthma, congestive heart failure, diabetes, hepatitis C, HIV, obesity, sickle cell anemia.</p> <p>High-risk pregnancy.</p> <p>Chronic pain management, including chiropractic care, massage therapy, dry needling, TENS device, and gym membership or fitness kit, ages 21+, if you qualify.</p> <p>Cystic fibrosis screening.</p> <p>Remote patient monitoring and equipment, if you qualify.</p>				
Dental — child (up to age 21)	The Louisiana Department of Health offers members the option to choose DentaQuest or Managed Care of North America (MCNA) as the child dental provider. For more information, call DentaQuest at <b>1-888-278-7310</b> or MCNA at <b>1-855-702-6262</b> .				
Pain management — adult (ages 21 and older)	Living Beyond Pain is offered to eligible members enrolled in case management. Members in the program work with their Care Manager to learn about all pain treatment options available.				
Pharmacy copays	<p>There are no copays for children, pregnant women, family planning supplies, members in Long Term Care facilities or institutions, or Native American or Alaska Native members. For others, if the medicine is:</p> <table border="0"> <tr> <td data-bbox="412 1797 553 1860">\$10 or less = \$0.50 copay</td> <td data-bbox="704 1797 862 1860">\$10.01 – \$25 = \$1 copay</td> <td data-bbox="992 1797 1154 1860">\$25.01 – \$50 = \$2 copay</td> <td data-bbox="1273 1797 1398 1860">Over \$50 = \$3 copay</td> </tr> </table>	\$10 or less = \$0.50 copay	\$10.01 – \$25 = \$1 copay	\$25.01 – \$50 = \$2 copay	Over \$50 = \$3 copay
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<b>Pharmacy — extra medication supply for school</b>	<ul style="list-style-type: none"> <li>• Asthma inhaler</li> <li>• EpiPen®</li> <li>• Diabetes testing meter</li> <li>• Insulin</li> <li>• Insulin needles</li> <li>• Lancets</li> <li>• Test strips</li> <li>• Alcohol swabs</li> <li>• Glucagon</li> <li>• ADHD medications — immediate release formulation only</li> <li>• Diastat</li> <li>• Spacers</li> </ul>
<b>Pharmacy — over-the-counter (OTC) medications</b>	<p>Select products available with a prescription and copay.</p>
<b>Pregnancy program</b>	<p>Enrollment in Bright Start® program for pregnant members.</p> <p>Keys to Your Care® text messaging program with helpful information each week of pregnancy, through baby's first 15 months.</p> <p>Pack-and-Play with sheet for completing prenatal visits, if you qualify.</p> <p>Home-delivered meals to support health pregnancy, if you qualify.</p> <p>Baby shower, education, and essential supplies for women who are pregnant or up to two years postpartum, if you qualify.</p> <p>Doula and perinatal community health worker services, including in-home care, lactation counseling, education, and referrals, up to 60 days after delivery.</p> <p>Enhanced access to Nurse Family Partnership for highest-risk first-time pregnancies</p> <p>Remote patient monitoring, if you qualify.</p>
<b>Vaccinations — adult (ages 21 and older)</b>	<p>Vaccines and immunizations provided in accordance with state plan services.</p>
<b>Vision — adult (ages 21 and older)</b>	<p>One routine eye exam per calendar year with a \$0 copay.</p> <p>\$100 for prescription eyeglasses (frames and lenses) or contact lenses each year.</p>
<b>Weight management program (ages 17 and older)</b>	<p>Make Every Calorie Count: Members in the program get two visits with a registered dietitian each year and a gym membership. Members must be enrolled in the program to get the gym membership.</p>
<b>Weight management program (ages 16 and younger)</b>	<p>Make Every Calorie Count: Members in the program get two visits with a registered dietitian each year.</p>
<b>More benefits</b>	<p>Care meals: Home-delivered meals postdischarge for eligible members.</p> <p>GED® registration fees voucher: Receive a voucher to pay for the cost of taking the GED exam.</p> <p>Pathway to Work life skills program.</p> <p>Housing and Nutrition program: Up to 90 days of respite care, with health care and social services, for members experiencing homelessness, if they qualify.</p> <p>Home assessments and financial assistance toward remediation of identified risks such as pests, mold, limited home repairs, and mobility upgrades, for members who qualify.</p> <p>Heart Healthy Monitoring Program, including blood pressure cuffs and digital scales, if you qualify.</p>

<b>CARE Card: eligible activities</b>	With the AmeriHealth Caritas Louisiana CARE Card, you may be eligible to get rewards for doing things that help you stay healthy.*
<b>Adult well visits (ages 21 and older)</b>	<b>\$20</b> in rewards for a primary care provider visit within 90 days of enrollment, and annually after the first year
<b>Child well visits (birth – age 20)</b>	<b>\$20</b> in rewards for completing six well visits (birth – 15 months) <b>\$15</b> in rewards for an annual well visit (ages 2 – 20)
<b>Diabetic screenings</b>	<b>\$10</b> in rewards for completing all three: dilated eye exam, kidney screening, and A1c (blood sugar) test for members diagnosed with diabetes
<b>Pregnancy notification-</b>	<b>\$25</b> in rewards for completing a Notice of Pregnancy form or calling Bright Start to inform us of your pregnancy in your first 12 weeks
<b>Prenatal exams</b>	<b>\$25</b> in rewards for a prenatal visit in your first 12 weeks of pregnancy
<b>Postpartum exam (7 – 84 days after delivery)</b>	<b>\$20</b> in rewards for a postpartum visit
<b>Wellness screenings</b>	<b>\$10</b> in rewards for cervical cancer screening for women (ages 21 – 64) <b>\$10</b> in rewards for colorectal cancer screening (ages 50 – 75)
<b>Other rewards</b>	<b>\$10</b> in rewards for a completed health needs assessment within 90 days of enrollment in the health plan <b>\$5</b> in rewards for a flu shot <b>\$10</b> in rewards for follow-up assessment after behavioral health hospitalization (limit three per year)

For more information about your benefits, please call Member Services at **1-888-756-0004 (TTY 1-866-428-7588)**, 24 hours a day, seven days a week.

\*Once your doctor notifies us that you have completed a healthy activity we will add rewards to your card. Members may not be eligible to earn all of the rewards listed. You cannot use your rewards to purchase alcohol, tobacco, or firearms.

Rewards expire 12 months after your most recent reward or upon member disenrollment.

Your rewards may not be converted to cash. Eligible CARE Card program rewards are subject to change. AmeriHealth Caritas Louisiana will notify you before the change happens.





1-855-229-6848 (TTY 1-855-526-3346)

Representatives available Monday to Friday, 8 a.m. – 5 p.m. (automated 24/7)

[www.healthy.la.gov](http://www.healthy.la.gov)

Download the new Healthy Louisiana mobile app on



AmeriHealth Caritas Louisiana complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, religion, or ability to pay.

You can have this information in other languages and formats at no charge to you. You can also have this interpreted over the phone in any language. Call Member Services 24 hours a day, seven days a week, at **1-888-756-0004 (TTY 1-866-428-7588)**.

Usted puede tener esta información en otros idiomas y formatos sin costo alguno para usted. También puede recibir la interpretación por teléfono en cualquier idioma. Llame a Servicios al Miembro al **1-888-756-0004 (TTY 1-866-428-7588)** las 24 horas del día, los siete días de la semana.

Quý vị có thể có thông tin này bằng các ngôn ngữ và định dạng khác miễn phí. Quý vị cũng có thể yêu cầu thông dịch thông tin này ra bất kỳ ngôn ngữ nào qua điện thoại. Xin gọi ban Dịch vụ Hội viên phục vụ 24 giờ/ngày, 7 ngày/tuần, theo số **1-888-756-0004 (TTY 1-866-428-7588)**.

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