



Friday February 14, 2020

AmeriHealth Caritas Wellness Center

3709 Jewella Ave., Shreveport, La

8:30a – 4:30pm

Registration Link:

<https://portal.mentalhealthfirstaid.org/firstaiders/signin?returnUrl=firstaiders>

Course ID: **00158827**

Mental Health

First Aid Course

“Similar to ‘First Aid’ and CPR, ‘Mental Health First Aid’ teaches individuals how to help those experiencing mental health challenges or crises”

Did You know?

- **SUICIDE IS THE 10TH LEADING CAUSE OF DEATH AMONG AMERICANS.....**
- **LOUISIANA IS 12TH NATIONALLY FOR DEATHS DUE TO INTENTIONAL HARM**

Let’s Talk Mental Health! Join Us for a Mental Health First Aid Course!

This **FREE** course is designed to help the public better understand mental health & help others who are going through a mental health crisis. Participants will be trained in Mental Health First Aid techniques.

- Identify unique risk factors and warning signs of mental health problems.
- Build understanding of the importance of early intervention.
- Learn how to help someone in crisis.

Target Audience

Community Health Workers, Community Partners, Non-Clinical Community Health Center Staff are all invited to attend.

For more information please, contact AJ Farria at afarria@amerihealthcaritasla.com or (504)330-0363. ******Full participation is required to receive certificate******

