PROVIDER**ALERT**



Provider Services: 1-888-922-0007

To: AmeriHealth Caritas Louisiana Providers

Date: October 13, 2023

Subject: Free Virtual Training: Youth Mental Health First Aid

Summary: Free youth mental health first aid training.

Free Virtual Training

AmeriHealth Caritas Louisiana would like to make you aware that the Office of Behavioral Health is sponsoring a free virtual Youth Mental Health First Aid training to be hosted by Louisiana Mental Health Association (LAMHA).

This course teaches participants the risk factors and warning signs of a variety of mental health challenges common among adolescents and how to support a youth developing signs and symptoms of a mental illness or in an emotional crisis by applying core five-step plan. Training details are as follows:

- 1. The virtual training takes <u>6 hours including a lunch break</u>. During the active training <u>you must keep your camera and audio on showing your face</u>. You will also need a place with good consistent internet coverage that does not have background noise. Participants who are late to the class or drop-out for an extended period during the class will not be able to pass the class.
- 2. Prior to the virtual training there are 2 hours of self-directed pre-work that must be completed 48 hours prior to the training. Pre-work is a requirement to attend the training. If you complete the pre-work and are not able to attend the class you will lose that pre-work.
- 3. Individuals may only register for 1 training slot. Registrations will close 2 weeks prior to the training date in order to get everyone registered with the National Wellness Council so pre-work may be completed.
- 4. You may change time slots until the closing date 2 weeks prior to the event.
- 5. Following the training there is post-work including an evaluation. In order to receive your Certificate of Course completion you must complete the post-work prior to **December 15, 2023**.

Training dates and times	*Registration is required
October 24, 2023	8:30 am - 3:30 pm
October 27, 2023	9:00 am – 5:00 pm
November 1, 2023	9:00 am – 5:00 pm
November 8, 2023	9:00 am – 5:00 pm
November 14, 2023	8:30 am – 3:30 pm

To register: <a href="https://www.signupgenius.com/go/70a0c4dacae2fabf58-youth#/[signupgenius.com/go/70a0c4dacae2fabf58

Questions: Thank you for your continued support and commitment to the care of our members. If you have questions about this communication, please contact AmeriHealth Caritas Louisiana Provider Services at 1-888-922-0007 or your Provider Network Management Account Executive.

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Need to update your provider information? Send full details to network@amerihealthcaritasla.com.

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